Discover the PATTERN STITCHES of KNIT Leg Warmers

Supplies
- RED HEART® “Super Saver”: 1 skein 400 Grey Heather. Art. E300 available in solid color – 7oz (198g), 364yd (333m) or multi color or fleck – 5oz (141g), 244yd (223m) skeins.
- Knitting Needles: 5.5mm (US 9)
- Yarn Needle

Craft Yarn Council invites you to Discover Knit & Crochet with a fun series of classes where you learn techniques by creating a project. You’ll have friendly, one-on-one help from our certified teachers and make new friends. To learn more about the Craft Yarn Council’s Discover Knit & Crochet Classes and for helpful tips and links, visit: www.cycdiscoverknitandcrochet.org.
These easy legwarmers are a simple project to practice ribbing, knit and purl rows and increasing.

**Abbreviations**

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<th>Abbreviation</th>
<th>Definition</th>
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<tr>
<td>mm</td>
<td>millimeters</td>
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<td>st(s)</td>
<td>stitch(es)</td>
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**Instructions**

One size fits most

**Bottom circumference:** 12½”
**Top circumference:** 14½”
**Length:** 12”

**GAUGE:** 15 sts = 4”; 20 rows = 4” in Stockinette stitch (knit on right side, purl on wrong side). **CHECK YOUR GAUGE.** Use any size needles to obtain the gauge.

**Special Technique**

**Increase 1 stitch** = knit into the front loop and the back loop of the next stitch.

**LEG WARMER** *(make 2)*

Cast on 48 sts.
Work in knit 1, purl 1 rib until piece measures 1½” from beginning, end with a wrong side row.
Change to Stockinette stitch and work until piece measures 3” from beginning, end with a wrong side row.

**Increase Row 1:** Knit 1, increase 1 stitch in next stitch, knit across row – 49 sts.

**Increase Row 2:** Knit 1, increase 1 stitch in next stitch, purl across row – 50 sts.
Work even until piece measures 5” from beginning, end with a wrong side row.
Repeat Increase Rows 1 and 2 – 52 sts.
Work even until piece measures 7½” from beginning, end with a wrong side row.
Repeat Increase Rows 1 and 2 – 54 sts.
Work even until piece measures 10½” from beginning, end with a wrong side row.
Change to knit 1, purl 1, rib and work until piece measures 12” from beginning.
Bind off in pattern.

**FINISHING**

Sew side seams. Weave in ends.

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Increasing stitches gives this leg warmer shape. It’s easiest to increase at the beginning of a row.

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Tip